

# Random Acts of Kindness

## At Home

- leave an encouraging note in a hidden spot
- pray for someone and send them a note to tell them that you prayed
- write a letter to a soldier thanking them for their service
- mail art work with an uplifting card to an elderly person
- send a care package to a soldier
- do a sibling's chore in secret
- make a sweet treat to share
- sew a blanket for project Linus, or your local hospital
- save spare change, buy an online gift card and send it to someone
- mail a care package to a college student.
- send pizza to a friend
- clean up the school area
- give toys to those in need

## In the Neighborhood

- do yard work for a neighbor
- carry in someone's groceries
- pick up trash on the street
- leave a thank you note & special treat for community helpers
- make a meal for a neighbor
- bake and deliver cookies to neighbors
- walk a neighbor's dog

## In the Community

- write thank you notes specific for errands and appointments
- let someone ahead in the check out lane
- return random shopping carts to the correct spot
- help someone load their groceries in the trunk
- thank you notes for the community workers you see when out
- leave behind puzzle books in waiting rooms