

To Journal

A journal page template featuring a teal border and ten rows of dashed lines for writing. The lines alternate between teal and pink colors. Each row is bounded by small circles at the ends of the dashed lines. The circles are teal for the top and bottom lines of each row, and pink for the middle lines. The rows are arranged in a vertical sequence, with the top row starting with a teal circle and the bottom row ending with a teal circle.